



Tim G.

Common Factors® Advocate
Hemophilia A (Swimming/Biking)

My Life at a Glance

When I was diagnosed with severe hemophilia A as a baby, doctors at a hemophilia treatment center gave my mother two pieces of advice that changed my life: Begin his treatment immediately and get him involved in swimming. From an early age, my mom encouraged me to swim and I excelled at it. I attended college on a four-year athletic scholarship and received my postgraduate degree from a seminary. Today, I live with my wife and our four children in Colorado, where I enjoy exploring the local mountains.

My athletic accomplishments include:

- Setting swimming records in high school and in college at the Division 1 level
- Being the first person with a bleeding disorder to hike all 59 of the mountains in Colorado above 14,000 feet
- Participated in the 2015, 2016, 2017 78-mile Copper Triangle, a road bike event over Fremont Pass (11,319'), Tennessee Pass (10,423'), and Vail Pass (10,666')
- Participated in the 100+ mile road bike ride from Harpers Ferry, West Virginia, to Washington, D.C., and back in 2019

I now work as a project manager and am president of a nonprofit organization. When I'm not attending Gettin' in the Game programs, I enjoy traveling the world and mentoring emerging community leaders.

